



# CLASS, CLINIC, & FEE SCHEDULE

## REGULAR CURRICULUM

(EFFECTIVE JANUARY 2012)

**Green Phoenix Institute**  
 352 West 12<sup>th</sup> Avenue  
 Eugene, OR 97401  
 541-344-0073  
 GreenPhoenixInstitute.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 am	Hunyuan/Fangsong Gong (Qigong Class) 8:00 – 9:00 AM	Bagua Zhang 8:00 – 9:00 AM	Hunyuan Gong (Qigong Class) 8:00 – 9:00 AM	Open Sitting Meditation – Free 8:00 – 9:00 AM	[Clinic Closed]	[Clinic Closed]	[Clinic Closed]
8:30 am							
9:00 am	Hunyuan Taiji 24 Form (All Levels) 9:00 – 10:00 AM	Clinic Hours 9AM–6PM: Private room patients only	Hunyuan Taiji 24 Form (All Levels) 9:00 – 10:00 AM	Clinic Hours 9 – 6PM: Private room patients only		See website for special events held on Friday Evenings and Saturdays	Hatha Yoga with Rachele Cornelius 9:00 – 10:15 AM
9:30 am							
10:00 am	Clinic Hours 9AM–6PM: Private room patients only	" "	Clinic Hours 9 – 2PM: Private room patients only	" "			
10:30 am							
11:00 am	" "	" "	" "	" "			Center for Sacred Sciences (CSS) Talk/Film (public & free) 11AM*
11:30 am							
12:00 pm	" "	" "	" "	" "			
12:30 pm							
1:00 pm	" "	" "	" "	" "			
1:30 pm							
2:00 pm	" "	" "	Clinic Hours 2 – 6PM: Community Acupuncture OPEN	" "			
2:30 pm							
3:00 pm	" "	" "	" "	" "			
3:30 pm							
4:00 pm	" "	" "	" "	" "			
4:30 pm							
5:00 pm	" "	" "	" "	" "			
5:30 pm							
6:00 pm		Chansi Gong (Silk-reeling qigong) 6:00 – 7:00 PM		Hatha Yoga with Rachele Cornelius 6:00 – 7:15 PM			
6:30 pm							
7:00 pm		Hunyuan Taiji 24 Form (All Levels) 7:00 – 8:00 PM					
7:30 pm	CSS Practitioners Group (closed to public)		CSS Practitioners Group (closed to public)				
8:00 pm		Taiji Push-hands (by permission only) 8:00 – 9:00 PM					
8:30 pm							

**Taiji Academy Tuition:**

\$10 per class *OR*  
 \$100 monthly membership = unlimited Taiji/Bagua/Qigong classes

**Hatha Yoga Tuition:**

\$10 per class  
 \$32 for 4 class; \$56 for 8 classes

*First Taiji Academy or Hatha Yoga Class is Always Free!*

**Discounted Rates:** Students, Seniors, Healers, Existing Academy Students' Family Members, and Military Veterans receive 15% off all regular tuition (exempting special offers.)  
*One discount per person maximum.*

**Private Lessons:** 1 hour = \$60

One class is equal to one hour of group instruction. All students must fill out the student registration and waiver form.

*\*CSS Sunday public meetings are free; see [www.centerforsacredsciences.org](http://www.centerforsacredsciences.org) for more information*